

# KELLY SKINNER

## B.Sc., M.Sc., M.P.H, Ph.D

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### ACADEMIC POSITIONS

**2015-Present** Assistant Professor, School of Public Health and Health Systems, University of Waterloo

**2013-2015** CIHR Postdoctoral Fellow, Department of Psychology/Indigenous Learning, Lakehead University  
 Project title: *Perspectives on Revitalizing and Supporting Sustainable Food Systems and Improving Food Security from Three Remote First Nations Communities in Northern Ontario*  
 Co-supervisors: Dr. Kristin Burnett and Dr. Christopher Mushquash  
 Career Interruption – Maternity leave: 4<sup>th</sup>: May-August 2015

### EDUCATION

**2006-2013** **Ph.D.** School of Public Health and Health Systems, University of Waterloo  
 Thesis: *Prevalence and Perceptions of Food Insecurity and Coping Strategies in Fort Albany First Nation, Ontario*  
 Co-supervisors: Dr. Rhona M. Hanning and Dr. Leonard J.S. Tsuji  
 Career Interruptions - Maternity leaves: 1<sup>st</sup>: May-Dec 2008; 2<sup>nd</sup>: Apr-Dec 2010; 3<sup>rd</sup>: May-Aug 2012

**2005-2006** **M.P.H.** Department of Public Health Sciences, Karolinska Institute, Sweden  
 Course-based professional degree with focus on Health Promotion

**2003-2005** **M.Sc.** Department of Health Studies and Gerontology, University of Waterloo  
 Thesis: *An Exploration of the Strengths, Weaknesses, Opportunities, and Threats for Healthy Eating and Physical Activity in First Nation Youth Living in a Remote, Sub-arctic Community*  
 Supervisor: Dr. Rhona M. Hanning

**1998-2002** **B.Sc. (Honours)** Department of Health Studies and Gerontology, University of Waterloo  
 Double minor: Psychology and Gerontology

### RESEARCH CONTRIBUTIONS

#### Lifetime Summary:

Articles in Peer-Reviewed Journals: 16  
 Submitted Manuscripts under Review: 2  
 Book Chapters: 2 (forthcoming)  
 National or International Assessment Reports: 4  
 Casebook: 1  
 Written Reports: 31  
 Knowledge Translation Activities: 16  
 Refereed Presentations at Academic Conferences: 36  
 Non-Refereed Presentations at Academic Conferences: 5  
 Invited Presentations (includes guest lectures): 32

**PUBLICATIONS** (\* denotes student publication)**a) ARTICLES PUBLISHED, ACCEPTED, OR IN PRESS IN PEER-REVIEWED JOURNALS**

16. **Skinner K**, Burnett K, Martin D, Williams P, Stothart C, LeBlanc J, Veeraraghavan G, Sheedy A. (**ACCEPTED**). Challenges in assessing food environments in northern and remote communities in Canada. *Canadian Journal of Public Health* (Retail Food Environment Supplement).
15. **Skinner K**, Pratley E, Burnett K. (2016). Eating in the city: A review of the literature on food insecurity and indigenous people living in urban spaces. *Societies*, 6(2), 7. doi: 10.3390/soc6020007
14. Burnett K, **Skinner K**, LeBlanc J. (2015). From Food Mail to Nutrition North Canada: Reconsidering federal food subsidy programs for Northern Ontario. *Canadian Food Studies*, 2(1), 141-156.
13. Gates A\*, **Skinner K**, Gates M\*. (2015). The diets of school-aged Aboriginal youth in Canada: A systematic review of the literature. *Journal of Human Nutrition and Dietetics*, 28(3), 246-261. doi: 10.1111/jhn.12246
12. **Skinner K**, Hanning RM, Metatawabin J, Tsuji LJS. (2014). The implementation of a community greenhouse in a remote, sub-arctic First Nations community in Ontario, Canada: a descriptive case study. *Rural and Remote Health*, 14, 2545.
11. **Skinner K**, Hanning RM, Tsuji LJS. (2014). Prevalence and severity of household food insecurity of First Nations people living in an on-reserve, sub-Arctic community within the Mushkegowuk Territory. *Public Health Nutrition*, 17(1), 31-39. doi: 10.1017/S1368980013001705
10. Blay-Palmer A, Knezevic I, Andree P, Balamingie P, Landman K, Mount P, Nelson C, Nelson E, Stahlbrand L, Stroink M, **Skinner K**. (2013). Insights from Ontario Canada. Future food system research priorities: A sustainable food systems perspective. *Journal of Agriculture, Food, Society, and Community Development*, 3(4), 227-234. <http://dx.doi.org/10.5304/jafscd.2013.034.029>
9. **Skinner K**, Hanning RM, Desjardins E, Tsuji LJS. (2013). Giving voice to food insecurity in a remote indigenous community in sub-arctic Ontario, Canada: traditional ways, ways to cope, ways forward. *BMC Public Health*, 13, 427. doi: 10.1186/1471-2458-13-427
8. **Skinner K**, Hanning RM, Metatawabin J, Martin ID, Tsuji LJS. (2012). The impact of a school snack program on the dietary intake of grade six to ten First Nation students living in a remote community in northern Ontario, Canada. *Rural and Remote Health*, 12(3), 2122.
7. **Skinner K**, Hanning RM, Sutherland C, Edwards-Wheesk R, Tsuji LJS. (2012). Using a SWOT analysis to inform healthy eating and physical activity strategies for a remote First Nations community in Canada. *American Journal of Health Promotion*, 26(6), e159-170. doi: 10.4278/ajhp.061019136
6. Gates A\*, Hanning RM, Gates M\*, **Skinner K**, Martin ID, Tsuji LJS. (2012). Vegetable and fruit intakes of on-reserve First Nations schoolchildren compared to national averages and current recommendations. *International Journal of Environmental Research and Public Health*, 9(4), 1379-1397.
5. Hlimi T\*, **Skinner K**, Hanning RM, Martin ID, Tsuji LJS. (2012). Traditional food consumption behaviour and concern with environmental contaminants among Cree schoolchildren of the Mushkegowuk Territory. *International Journal of Circumpolar Health*, 71.

4. Sutherland C\*, **Skinner K**, Hanning RM, Montgomery M, Tsuji LJS. (Spring 2007). A Cree perspective on gathering community input for physical activity programming in the Mushkegowuk Territory. *Pimatisiwin: A Journal of Aboriginal and Indigenous Community Health*, 5(1), 169-184.
3. **Skinner K**. (2007). Developing a tool to measure knowledge exchange outcomes. *Canadian Journal of Program Evaluation*, 22(1), 49-73.
2. **Skinner K**. (2006). Disparity in a prosperous land. *Alternatives Journal*, 32(2), 14.
1. **Skinner K**, Hanning RM, Tsuji LJS. (2006). Barriers and supports for healthy eating and physical activity for First Nation youths in northern Canada. *International Journal of Circumpolar Health*. 65(2), 148-161.

#### **ARTICLES SUBMITTED AND UNDER REVIEW**

2. Mearns G, Chepulis L, Britnell S, **Skinner K**. (SUBMITTED). Health and nutritional literacy of New Zealand nursing students. *Journal of Nursing Education*.
1. **Skinner K**, Hanning RM, Tsuji LJS, Mushquash C. (REVISION REQUESTED). Towards better understanding and measurement of food insecurity in First Nations households in Canada. *Canadian Journal of Dietetic Practice and Research*.

#### **ARTICLES IN PROGRESS**

4. **Skinner K**, Cameron E, Mushquash C, Mushquash A. An exploration of healthy eating and healthy weight discourses within Aboriginal populations: What does existing research tell us? (Target journal: Obesity Reviews)
3. **Skinner K**, Burnett K. Retail food waste, food quality, and expiry dates in Northern Canada. (Target journal: Societies)
2. **Skinner K**, Sangha M. Toolkit to monitor, measure and increase effectiveness of KTE in a cancer control knowledge organization. (Target journal: Implementation Science)
1. **Skinner K**, Pratley E, Burnett K. Content analysis of the Feeding My Family Facebook group: Advocacy through social media for reducing hunger in Northern Canada. (Target journal: Journal of Social Media in Society)

#### **b) BOOK CHAPTERS**

2. **Skinner K**, Pratley E. (FORTHCOMING). *Indigenous People and Food*. In Paul B. Thompson and David M. Kaplan (ed.), *Encyclopedia of Food and Agricultural Ethics* (Second Edition). New York and Heidelberg: Springer: xxxx-xxxx.
1. Burnett K, Hay T\*, **Skinner K**. (2016). *Government Policy, Food Insecurity, and Indigenous People in Northern Canada*. In *Aboriginal History: A Reader* (Second Edition). Oxford University Press. pp. 404-414.

#### **c) NATIONAL OR INTERNATIONAL ASSESSMENT REPORTS (INVITED)**

4. **Skinner K**. (March 2013). *Food security for First Nations and Inuit in Canada: Updated literature review*, prepared for the First Nations and Inuit Health Branch, Health Canada.
3. Levi E, **Skinner K**. (2012). *Nutrition and Food Security, Chapter 7*. In First Nations Regional Longitudinal Health Survey (RHS) 2008/10 Report, First Nations Information Governance Centre, Ottawa.

2. Vaktskjold A, Deutch B, **Skinner K**, Donaldson S. (2009). *Food, Diet, Nutrition and Contaminants*, Chapter 3, pp 21-48. In AMAP Assessment 2009: Human Health in the Arctic. Arctic Monitoring and Assessment Programme (AMAP), Oslo, Norway, pp i-256.

1. **Skinner K**. (August 2009). *Evaluation of the ONEXONE National First Nations School Breakfast Program*, prepared for the ONEXONE Foundation.

#### **CASEBOOK (PEER-REVIEWED)**

1. Hanning RM, **Skinner K**, Gates M\*, Gates A\*, & Tsuji LJS. (April 2011). *School Nutrition Programs in Remote First Nation Communities of the Western James Bay Region: Impact, Challenges and Opportunities*. CIHR-IPPH and CIHI-CPHI Population Health Intervention Research Casebook, Ottawa.

#### **d) WRITTEN REPORTS**

First Nation School Feedback Reports:

6. **Skinner K**. (January 2007). *The School Snack and Breakfast Program at Peetabeck Academy, Fort Albany, Ontario*. Population Health Research Group, University of Waterloo for Peetabeck Academy, Fort Albany First Nation, Ontario.

5. Hanning RM, Tsuji LJS & **Skinner K**. (July 2005). *Report 3: Food Behaviour Survey Results for Grade 6-10 Students at Peetabeck Academy, Fort Albany, Ontario*. Population Health Research Group, University of Waterloo for Peetabeck Academy, Fort Albany First Nation, Ontario.

4. Hanning RM, Tsuji LJS & **Skinner K**. (May 2005). *Report 2: Food Behaviour Survey Results for Grade 6-10 Students at Peetabeck Academy, Fort Albany, Ontario*. Population Health Research Group, University of Waterloo for Peetabeck Academy, Fort Albany First Nation, Ontario.

3. Hanning RM, Tsuji LJS & **Skinner K**. (November 2004). *Report 1: Food Behaviour Survey Results for Grade 6-10 Students at Peetabeck Academy, Fort Albany, Ontario*. Population Health Research Group, University of Waterloo for Peetabeck Academy, Fort Albany First Nation, Ontario.

2. Hanning RM & **Skinner K**. (November 2004). *Report 2: Food Behaviour Survey Results for Grade 6-8 Students at Christian Island Elementary School, Ontario*. Health Behaviour Research Group, University of Waterloo for Beausoleil First Nation, Christian Island, Ontario.

1. Hanning RM & **Skinner K**. (December 2003). *Report 1: Food Behaviour Survey Results for Grade 6-8 Students at Christian Island Elementary School, Ontario*. Health Behaviour Research Group, University of Waterloo for Beausoleil First Nation, Christian Island, Ontario.

Best Practices Reports:

6-18. Hanning RM, Manske S, **Skinner K**, McGrath H & Heipel R. (2004). *International Best Practices in Type 2 Diabetes Prevention*, Waterloo, Ontario, Canada: Health Behaviour Research Group, University of Waterloo for the Heart Health Resource Centre, Ontario Public Health Association (funded by Health Canada).

- Project Final Report and Appendices
- Aboriginal Channel Summary Report and Project Summaries
- African American Channel Summary Report and Project Summaries
- Community Channel Summary Report and Project Summaries
- School Channel Summary Report and Project Summaries
- Women Channel Summary Report and Project Summaries
- Worksite Channel Summary Report and Project Summaries

5. **Skinner K.** & Manske S. (May 2004). *International Best Practices in Type 2 Diabetes Prevention*, (Dissemination Report), Waterloo, Ontario, Canada: Health Behaviour Research Group, University of Waterloo for the Heart Health Resource Centre, Ontario Public Health Association (funded by Health Canada).

2-4. Hanning RM, Cameron R, Walker R, Royall D, **Skinner K**, McGrath H & Heipel R. (2004). *International Best Practices Promotion and Stroke Prevention*, Waterloo, Ontario, Canada: Health Behaviour Research Group, University of Waterloo for the Heart Health Resource Centre, Ontario Public Health Association (funded by Ontario Ministry of Health and Longterm Care).

- Results of the Literature Review and Scan for the Worksite Channel and Appendices
- Worksite Channel Summary Report and Project Summaries

1. Royall D, **Skinner K**, May H & Hanning R. (June 2003). *Best Multi-Risk Factor Practices in the Primary Prevention of Stroke: Results of a Systematic Review of the Literature and Scan of Practices Nominated by Key Informants*, prepared for the Ontario Heart Health Resource Centre, Ontario Public Health Association.

#### **Other Reports:**

7. Burnett K, **Skinner K**, Parker B, Hay T, Schroeter A. (March 2016). *Maamaaw Wiisinidaa: All Together Let's Eat*, prepared for the Nishnawbe-Gamik Friendship Centre, Sioux Lookout, Ontario.

6. **Skinner K.** (March 2015). *Community Food Security/Food System Indicator Project Report Card*, prepared for the Thunder Bay District Health Unit and the Thunder Bay and Area Food Strategy.

5. **Skinner K.** (January 2015). *Community Food System Indicator Project: Summary of Literature and Potential Options for Indicators*, prepared for the Thunder Bay District Health Unit and the Thunder Bay and Area Food Strategy.

4. **Skinner K**, Hanning RM, Desjardins E. (October 2011). *"We go hunting or we ask family for food": Coping Strategies For and Prevalence of Household Food Insecurity of First Nations People Living in an On-Reserve Remote Community in the Mushkegowuk Territory*, Final Report prepared for the Canadian Foundation for Dietetic Research.

3. Hammond D & **Skinner K.** (February 2003). *Physical Activity & Obesity Prevention Strategy*, prepared for the Esteem Team Organization.

2. Filsinger S, Cameron R, **Skinner K** & Wagg J. (September 2001). *Canadian Cancer Society's Cancer Information Service User Survey 2001*, prepared for the Management Committee of the Canadian Cancer Society's Cancer Information Service.

1. Filsinger S & **Skinner K.** (August 2001). *Canadian Cancer Society's Cancer Information Service Report on Caller Distribution by Postal Code*, prepared for the Canadian Cancer Society.

#### **e) KNOWLEDGE TRANSLATION ACTIVITIES - ARTICLES FOR DIGESTS, NEWSLETTERS, NEWSPAPERS, MEDIA, POLICY BRIEFS (NOT REFEREED)**

16. **Skinner K.** (March 17, 2016). *Stop excluding the provincial north from Canada's food insecurity crisis*. Upstream blog. [http://www.thinkupstream.net/northern\\_food](http://www.thinkupstream.net/northern_food)

15. Kassi N, Sheedy A, Papatsie L, Milne J, Burnett K, Wesche S, **Skinner K**, LeBlanc J, Fillion M. (September 24, 2015). *Food Security Off the Table in Election*. Winnipeg Free Press. <http://www.winnipegfreepress.com/opinion/analysis/food-security-off-the-table-in-election-329027731.html> (note: only first two names were published due to newspaper restrictions)

14. Burnett K, **Skinner K**, Wesche S, Fillion M, Kenny T, Sheedy A. (2015). *The Right to Food: Making Food Affordable and Accessible in Northern Canada*. Food Secure Canada, Election Brief.
13. Blay-Palmer A, Knezevic I, Andree P, Balamingie P, Landman K, Mount P, Nelson C, Nelson E, Stahlbrand L, Stroink M, **Skinner K**. (2015). *Future food system research priorities: A sustainable food systems perspective from Ontario, Canada*, Urban Agriculture Magazine, Resource Centres on Urban Agriculture & Food Security (RUAF) Foundation, no 29, pages 35-37.
12. NetNewsLedger. (November 22, 2014). *Lakehead University Retail Survey to Help Communities in Northern Canada*. Interview with James Murray, **Kelly Skinner** and Kristin Burnett: <http://www.netnewsledger.com/2014/11/22/lakehead-university-retail-survey-to-help-communities-in-northern-canada/>
11. **Skinner K** (Summer 2013). *Upcoming Research Project: Perspectives on Revitalizing and Supporting Sustainable Food Systems and Improving Food Security from Three Remote First Nations Communities in Northern Ontario*, Canadian Association for Food Studies Newsletter, Issue 14, page 13.
10. **Skinner K** (March 2011). *Dietary Intake of Youth in Remote First Nations Communities: Challenges and Opportunities*, FNIH Research Newsletter, Health Canada, Volume 3, Issue 1.
9. **Skinner K** (February 17, 2011). *Fort Albany Fights for Increased Food Security*, Wawatay News, Volume 38 #04.
8. **Skinner K** (Summer 2009). *Aboriginal Health Research: student editorial*, CPHA Digest, Volume XXXIII, number 2, page 7,9.
7. **Skinner K** (April 30, 2009). *Snack Program Delivers the Goods*, Wawatay News, Volume 36 #09, page A14.
6. Alamian A & **Skinner K**. (Spring 2008). *Burden of Chronic Diseases and CPHA 2008 Annual Conference (Halifax, Nova Scotia, June 1-4)*: student editorial, CPHA Digest; Volume XXXII, number 1, page 7.
5. **Skinner K** & Hanning R. (March 2008). *A School –Based Web Survey to Assess Nutrition and Physical Activity Behaviours Among First Nation Youth*, National Aboriginal Diabetes Association Newsletter, page 17.
4. **Skinner K** & Hanning R. (May 2005). *5 to 10 a Day – The Healthy Way: Vegetables and Fruit*, Christian Island Quarterly Newsletter.
3. **Skinner K** & Hanning R. (2005). *Nutritional Health of Aboriginal Infants and Children*, In Touch, 22(1), 1-4.
2. **Skinner K** & Hanning R. (October 2004). *Pop: A “Sometimes” Food*, Christian Island Quarterly Newsletter.
1. **Skinner K**. (August 2004). *Developing a Tool to Measure Knowledge Exchange Outcomes in Chronic Disease Prevention*. PHRED-OPHA Studentship Award.

## PRESENTATIONS

### a) REFEREED PRESENTATIONS AT ACADEMIC CONFERENCES

42. **Skinner K**, Pratley E, Burnett K. (**ACCEPTED**). *Eating in the City: A Review of Food Insecurity and Indigenous People Living in Urban Spaces in Canada, the United States, and Australia*. Canadian Association of Food Studies/Agriculture, Food, and Human Values Society/Association for the Study of Food and Society, Toronto, ON. June 22-26, 2016. (oral pecha kucha)

41. Burnett K, **Skinner K. (ACCEPTED)**. *Food Insecurity, Northern First Nations, and the North West Company: Assessing Retail Environments in the Provincial Norths*. Canadian Association of Food Studies/Agriculture, Food, and Human Values Society/Association for the Study of Food and Society, Toronto, ON. June 22-26, 2016. (oral pecha kucha)
40. **Skinner K**, Cameron E, Mushquash C, Mushquash A. **(ACCEPTED)**. *An Exploration of Healthy Eating and Healthy Weight Discourses within Aboriginal Populations: What does existing research tell us?* Canadian Association of Food Studies/Agriculture, Food, and Human Values Society/Association for the Study of Food and Society, Toronto, ON. June 22-26, 2016. (oral pecha kucha)
39. Chepulis L, **Skinner K. (ACCEPTED)**. *Sugar Content of Children's Beverages Available in New Zealand Supermarkets*. Eating Disorders and Obesity Conference, Gold Coast, Australia. May 17-18, 2016. (oral)
38. **Skinner K**, Parker B, Schroeter A, Neufeld T, Cidro J, Martens T. **(ACCEPTED)**. *Northern and Rural Food Systems in Indigenous Communities in Canada*. Panel Session. Chair: T Delormier. Native American and Indigenous Studies Association Conference, Honolulu, HI. May 18-21, 2016. (panel)
37. **Skinner K**, Burnett K. **(ACCEPTED)**. *The Paying for Nutrition in Northern Canada project*. Northern Food Systems Session. The XIV World Congress of Rural Sociology, Toronto, ON. August 10-14, 2016. (oral paper)
36. Burnett K, Walters K, Hay T\*, **Skinner K.** (June 2015). *Historicizing Canadian Food Studies: Policy Formation, Knowledge Production, and Nutrition Education since the Second World War*. Canadian Association of Food Studies/CONGRESS, Ottawa, ON. May 30-June 2, 2015. (thematic paper session. Chair: K Skinner)
35. **Skinner K**, Burnett K, LeBlanc J, Chambers L. (June 2015). *Government and Corporate Practices and the Experience of Purchasing Food in Northern Canada*. Canadian Association of Food Studies/CONGRESS, Ottawa, ON. May 30-June 2, 2015. (pecha kucha)
34. **Skinner K**, Burnett K, LeBlanc J, Chambers L. (May 2015). *Retail Food Environment Experiences and Purchasing Patterns in Northern Canada*. Food Environments in Canada: Symposium and Workshop, Saskatoon, SK. (poster)
33. **Skinner K**, Pratley E & Burnett K. (May 2015). *Food Environments in the City: A Review of the Literature on Food Insecurity and Indigenous People Living in Urban Spaces*. Food Environments in Canada: Symposium and Workshop, Saskatoon, SK. (poster)
32. **Skinner K**, Pratley E & Burnett K. (February 2015). *Eating in the City: A Review of the Literature on Food Insecurity and Indigenous People Living in Urban Spaces*. 10<sup>th</sup> Annual Showcase of Health Research, Thunder Bay, ON. (poster)
31. **Skinner K**, LeBlanc J, Fletcher J & Burnett K. (November 2014). *Indigenous Food Sovereignty and Food Insecurity: The Need for Action-Oriented Research*. Food Secure Canada's 8<sup>th</sup> National Assembly, Halifax, NS. (workshop)
30. Gates A\*, **Skinner K** & Gates M\*. (June 2014). *The Diets of School-Aged Aboriginal Youth in Canada: A Review of the Literature*. 4<sup>th</sup> Canadian Obesity Student Meeting, Canadian Obesity Network, Waterloo, ON. (poster)
29. **Skinner K.** (June 2014). *Towards Better Understanding and Measurement of Food Security in First Nations Households in Canada*. Northern Health Research Conference/ Northern Ontario School of Medicine, Sioux Lookout, ON. (poster)
28. Stroink M, **Skinner K** & Nelson C. (May 2014). *New Perspectives on Nourishing Communities*. Canadian Association for Food Studies Conference, St. Catherines, ON. (pecha kucha)
27. **Skinner K**, Metatawabin J. (October 2013). *Case Study of a Community Greenhouse in a Remote, Sub-arctic Community in Northern Ontario*. Canadian Rural Revitalization Foundation Annual Conference, Thunder Bay, ON. (poster)

26. Nelson C, Stroink M, Nelson E, **Skinner K**. (October 2013). *Local Food System Initiatives: A Key to Building Sustainable and Resilient Northern Rural Communities*. Canadian Rural Revitalization Foundation Annual Conference, Thunder Bay, ON. (oral panel)
25. **Skinner K**. (June 2013). *Case Study of the Context and Implementation of a Greenhouse in a Remote, Sub-arctic First Nations Community in Ontario, Canada*. Agriculture, Food & Human Values Society Conference, Michigan State University, East Lansing, MI. (poster)
24. Gates A\*, Gates M\*, **Skinner K**, Hanning RM & Tsuji LJS. (November 2012). *Collaborative Community-based Initiatives to Promote Healthy Eating and Healthy Weights for First Nations Youth in Northern Ontario, Canada*. PICDIP Annual Meeting, University of Waterloo, Waterloo, ON. (poster)
23. **Skinner K**, Desjardins E & Hanning RM. (June 2011). *Prevalence, Severity, Perceptions, and Sociodemographic Characteristics of Household Food Insecurity of First Nations People Living in an On-reserve Remote Community within the Mushkegowuk Territory*. Canadian Foundation for Dietetic Research – Dietitians of Canada Conference, Edmonton, AB. (poster)
22. **Skinner K**, Hanning RM, Desjardins E, Davey R & Tsuji LJS. (June 2011). *Coping Strategies for Food Insecurity in an On-reserve Remote First Nations Community: “We go hunting or we ask family for food”*. Canadian Nutrition Society Conference, Guelph, ON. (poster)
21. **Skinner K**. (April 2011). *Prevalence, Severity, Perceptions, and Sociodemographic Characteristics of Household Food Insecurity of First Nations People Living in an On-reserve Remote Community within the Mushkegowuk Territory*. University of Waterloo Graduate Student Research Conference, Waterloo, ON. (oral)
20. Hanning RM, **Skinner K**, Gates M\*, Gates A\* & Tsuji LJS. (November 2010). *School Nutrition Programs in Remote First Nation Communities of the Western James Bay Region: Impact, Challenges and Opportunities*. CIHR Casebook Launch 2010, Ottawa, ON (poster)
19. Ehler J & **Skinner K**. (November 2010). *Dietitians in Action – A Cross Canada Check-up on Food Security*. Food Secure Canada Conference, Montreal, QC. (oral - workshop)
18. **Skinner K**, Bonin E & Roth M\*. (July 2009). *Validity and Adaptability of a Tool to Measure Knowledge Exchange Outcomes*. National Collaborating Centres for Public Health 4<sup>th</sup> Annual Summer Institute in Knowledge Synthesis, Translation, and Exchange – “Knowledge for a Change”, Mont Ste-Anne, QC. (poster)
17. **Skinner K**. (June 2009). *What Policy Strategies are Appropriate for Promoting Food Security in Remote First Nations Communities?* Canadian Foundation for Dietetic Research – Dietitians of Canada Conference, Charlottetown, PEI. (oral)
16. **Skinner K**. (April 2009). *Key Attributes of Aboriginal Learning Styles*. University of Waterloo Graduate Student Research Conference, Waterloo, ON. (poster)
15. **Skinner K**, Hanning RM & Tsuji LJS. (September 2007). *The Impact of a School Snack Program on the Dietary Intake of Grade Six to Ten First Nation Students*. Canadian Public Health Association Conference, Ottawa, ON. (poster)
14. Lesar D\*, **Skinner K**, Koostachin A, Tsuji L & Hanning RM. (June 2007). *Barriers to and Opportunities for Healthy Eating and Active Living in the Remote, Northern Cree Community of Attawapiskat First Nation*. Seventh Annual ACADRE Gathering of Graduate Students in Aboriginal Health: Our Seven Teachings – What We Have Learned hosted by the Manitoba ACADRE Program, Winnipeg, MB. (oral)



13. **Skinner K**, Hanning RM & Tsuji LJS. (June 2007). *Dietary Intake of Grade Six to Ten Students in a Remote, Sub-arctic First Nation Community: Variation Across Three Seasons*. Canadian Foundation for Dietetic Research – Dietitians of Canada Conference, Vancouver, BC. (oral)
12. **Skinner K**, Hanning RM, Sutherland C, Edwards-Wheesk R. & Tsuji LJS. (November 2006). *Using a SWOT Analysis to Inform Health Promotion Planning for a Remote First Nation Community*. Healthy Eating and Active Living (HEAL) Conference hosted by the Ministry of Health Promotion, Government of Ontario, Toronto, ON. (poster)
11. **Skinner K**, Hanning RM, Sutherland C, Edwards-Wheesk R. & Tsuji LJS. (November 2006). *Using a SWOT Analysis to Inform Chronic Disease Prevention Planning for a Remote First Nation Community*. Second National Conference on Integrated Chronic Disease Prevention: Building it Together hosted by the Chronic Disease Prevention Alliance of Canada (CDPAC), Ottawa, ON. (poster)
10. **Skinner K**. (June 2006). *Conducting Participatory Research Projects with First Nations Communities: Challenges, Opportunities and the Importance of Empowerment*. Sixth Annual Gathering of Graduate Students in Aboriginal Health: Six Generations – Gathering Our Thoughts hosted by the Indigenous Health Research Development Program (IHRDP), Hamilton, ON. (poster)
9. **Skinner K**. (June 2006). *A Framework for Designing Health Promotion Strategies in Remote Canadian Aboriginal Communities*. 5<sup>th</sup> Nordic Health Promotion Conference, Esbjerg, Denmark. (poster)
8. Manske S, Hanning R & **Skinner K**. (October 2005). *Identifying Best Practices in Type 2 Diabetes Prevention: Lessons Learned*. 2005 Joint Canadian Evaluation Society / American Evaluation Society Conference: Crossing Borders, Crossing Boundaries, Toronto, ON. (oral)
7. **Skinner K**, Hanning R & Tsuji L. (April 2005). *The Social Context of Healthy Eating and Physical Activity Behaviours in Aboriginal Children and Adolescents Living in On-Reserve Communities*. University of Waterloo Graduate Student Research Conference, Waterloo, ON. (oral)
6. **Skinner K** & Manske S. (November 2004). *Developing a Tool to Measure Knowledge Exchange Outcomes in Chronic Disease Prevention*. Ontario Public Health Association Conference, Toronto, ON. (oral)
5. **Skinner K** & Manske S. (November 2004). *Developing a Tool to Measure Knowledge Exchange in Best Practices*. First National Conference on Integrated Chronic Disease Prevention: Getting it Together hosted by the Chronic Disease Prevention Alliance of Canada (CDPAC), Ottawa, ON. (poster)
4. Hanning R, **Skinner K**, Manske S, Lessio A, Howson T, May H & Heipel R. (November 2004). *Test Driving a Process for Identification and Assessment of Community-based “Best Practices” in Chronic Disease Prevention*. First National Conference on Integrated Chronic Disease Prevention: Getting it Together hosted by the Chronic Disease Prevention Alliance of Canada (CDPAC), Ottawa, ON. (oral)
3. **Skinner K**, Brauer P, May H, Heipel R, Lessio A, Cameron R & Hanning RM. (June 2004). *Cardiovascular Health Promotion in Communities: Identifying Best Practices from Literature and Expert Informants*. International Society for Behavioural Nutrition and Physical Activity (ISBNPA) Conference, Washington DC. (poster)
2. Lambraki I, Manske S, Atkinson C, Leatherdale S, Lineker S, Robinson S, **Skinner K**, Wong K & Wong S. (May 2004). *Facilitating Knowledge Exchange: Bridging the Gap Between Science and Practice*. Ontario Tobacco Control (OTC) Conference, Toronto, ON. (oral)
1. Hanning RM, May H, **Skinner K**, Walker R, Cameron R, Lessio A & Brauer P. (July 2003). *Identifying Best Practices in Cardiovascular Health Promotion in Schools: Comparison of Systematic Literature Review versus Nominated Practices Scan*. International Society for Behavioural Nutrition and Physical Activity (ISBNPA) Conference, Quebec City, QC. (poster)

**b) NON-REFEREED PRESENTATIONS AT ACADEMIC CONFERENCES/MEETINGS**

5. **Skinner K**, Burnett K. (February 2016). *The Experience of Purchasing Food at Retailers in Northern Canada*. CIHR Institute of Nutrition, Metabolism and Diabetes New Investigator Meeting, Kelowna, BC. (poster)
4. **Skinner K**, Burnett K. (March 2015). *The Experience of Purchasing Food at Retailers in Northern Canada*. Postdoctoral Fellow Poster Competition, Research & Innovation Week, Lakehead University, Thunder Bay, ON. (poster)
3. **Skinner K**. (June 2014). *Towards Better Understanding and Measurement of Food Security in First Nations Households in Canada*. Indigenous Health & Well-Being Initiative Summer Institute, University of Western Ontario, London, ON. (poster)
2. **Skinner K**. (March 2014). *The Implementation of a Community Greenhouse in a Remote, Sub-arctic First Nations Community in Ontario, Canada: a Descriptive Case Study*. Postdoctoral Fellow Poster Competition, Research & Innovation Week, Lakehead University, Thunder Bay, ON. (poster)
1. **Skinner K**. (June 2006). *Conducting Participatory Research Projects with First Nations Communities: Challenges, Opportunities, and the Importance of Empowerment*. 6<sup>th</sup> Annual ACADRE Gathering of Graduate Students in Aboriginal Health, Hamilton & Ohsweken, ON. (poster)

**c) INVITED PRESENTATIONS (DOES NOT INCLUDE GUEST LECTURES – SEE TEACHING EXPERIENCE)**

23. Moore G, **Skinner K**, Lillecott H, Evans R. *Process Evaluation Overview*. Waterloo's 2015 Collaborative Learning Institute in Health Evaluation. Propel Centre for Population Health Impact, Waterloo, October 28, 2015.
22. **Skinner K**, Burnett K. *The State of Food Insecurity and Food Security Initiatives in Northwestern Ontario*. Oral presentation to the Registered Dietitians and the staff of Prevention and Screening Services at the Thunder Bay Regional Health Sciences Centre, Thunder Bay, August 13, 2015.
21. **Skinner K**. *Food Environments in Northern Canada*. Keynote Speaker/Expert Panel with: Y Kestens, J Black, G Veeraghavan. Food Environments Research Symposium and Workshop, Saskatoon, May 22, 2015.
20. Burnett K, **Skinner K**. *The State of Food Insecurity in Northern Ontario*. Oral presentation to Staff at the Sioux Lookout Meno Ya Win Health Centre, Sioux Lookout, May 8, 2015.
19. Burnett K, **Skinner K**. *The State of Food Insecurity in Northern Ontario*. Oral presentation to Physicians at the Sioux Lookout Meno Ya Win Health Centre, Monthly Grand Rounds, Sioux Lookout, May 7, 2015.
18. Hanning R, Corbett K, Dean J, Graham S, McKenna M, Riley B, Scott S, **Skinner K**, Vine M, Willis C, Yessis J. *Refining a Scaling Up Strategy for Local Sustainable Nourishment in Indigenous School Communities*. Poster presented at the CIHR Pathways Component 2 Meeting, Ottawa, March 23-25, 2015.
17. Bronson D, Burnett K, **Skinner K**, Parker B, Arts A, McKay R. *Food Forum: Politics, Universities and the Food Movement*. Panel Discussion, Lakehead University, Thunder Bay, March 12, 2015.
16. **Skinner K**. *Development of the Thunder Bay Community Food Security Report Card*. Oral presentation to the Thunder Bay Food Strategy Steering Committee, Thunder Bay, March 12, 2015.
15. Miller S, Renglich H, **Skinner K**, Belinsky D, Baillie P, Pastorius J. *Food Hubs: Changing the Way We Do Local Food*. Plenary with Facilitated Discussions by Panelists, Local Organic Food Co-ops Network 6<sup>th</sup> Annual Assembly, Guelph, February 24, 2015.

14. Wai Z, Jobbitt R, Burnett K, Jobbitt S, **Skinner K**. *Encountering Ebola: In Search of an Ethics of Responsibility, Solidarity, and Global Citizenship*. Roundtable Panel Discussion, Lakehead University, Thunder Bay, November 25, 2014.
13. **Skinner K**. *Crowdfunding and Crowdsourcing: Food Innovation for Northwestern Ontario*. Oral presentation to the Regional Advisory Committee of the Food Security Research Network, Thunder Bay, November 26, 2013.
12. **Skinner K**. *Crowdfunding: Fundraising Possibilities to Develop the Cloverbelt Local Food Co-op's Online Farmer's Market*. Oral presentation for the Cloverbelt Local Food Co-op Advisory Board, Dryden, September 13, 2013.
11. **Skinner K**. *Food Security in Fort Albany, Ontario: Prevalence, Perceptions, Coping Strategies, and Community-based Initiatives*. Oral presentation at the Nishnawbe Aski Nation (NAN) Food Research Summit, Thunder Bay, August 29, 2012.
10. **Skinner K**. *Hunger and the Right to Food: Reflections of the UN Special Rapporteur and Food Insecurity in First Nations Communities*. Oral presentation at the Waterloo Region Food System Roundtable Meeting, Waterloo, May 30, 2012.
9. **Skinner K**, Hanning RM. *Food Security in On-Reserve First Nations Communities*. Oral presentation at the Aboriginal Nutrition Network "Feeding Mind, Body, and Spirit" Conference, Toronto, December 6-7, 2011.
8. **Skinner K**. *Coping Strategies for Food Insecurity in an On-reserve Remote First Nations Community: "We go hunting or we ask family for food"*. Poster Session/Meet and Greet with the CIHR – (INMD) Institute Advisory Board, Guelph, September 26, 2011.
7. **Skinner K**. *Writing a Grant Proposal*. Oral presentation for the Fort Albany First Nation Advisory Committee, Fort Albany, Ontario, January 27, 2011.
6. **Skinner K**. *Dietary Intake of Youth in Remote First Nations Communities: Challenges and Opportunities*. Oral presentation and panel discussion at the Health Canada, First Nations and Inuit Health Branch 2<sup>nd</sup> Biennial First Nations, Inuit and Métis Health Research Meeting, Ottawa, May 13-14, 2010.
5. **Skinner K**. *Developing a Tool to Measure Knowledge Exchange Outcomes*. Oral presentation (plenary) and panel discussion at the National Collaborating Centres for Public Health 4<sup>th</sup> Annual Summer Institute in Knowledge Synthesis, Translation, and Exchange – "Knowledge for a Change", Mont Ste-Anne, Quebec, July 7-9, 2009.
4. **Skinner K**. *Writing Successful Grant Applications and Proposals*. Oral presentation for the Fort Albany First Nation Advisory Committee, Fort Albany, Ontario, October 25, 2007.
3. Atkinson C, Costello J, Johns A, Robinson S & **Skinner K**. *2005 Case Competition: University of Waterloo Winning Presentation*. Oral presentation at the 2005 Joint Canadian Evaluation Society / American Evaluation Society Conference: Crossing Borders, Crossing Boundaries, Toronto, October 29, 2005.
2. **Skinner K**. *Developing a Tool to Measure Knowledge Exchange Outcomes in Chronic Disease Prevention*. Centre for Behavioural Research and Program Evaluation and the Health Behaviour Research Group, University of Waterloo, November 18, 2004.
1. **Skinner K**. *Best Practices in Type 2 Diabetes*. Department of Health Studies and Gerontology, University of Waterloo, Graduate Orientation Week, September 8, 2003.

## ACADEMIC SCHOLARSHIPS, AWARDS, PRIZES, NOMINATIONS

- |             |  |
|-------------|--|
| <b>2015</b> | Dietitians of Canada Honourary Patron Award  |
| <b>2015</b> | Lakehead University Research & Innovation Week, Postdoctoral Fellow Poster Competition, SSHRC/CIHR Category, 1 <sup>st</sup> Place |

- 2013-2015** Canadian Institutes of Health Research Postdoctoral Fellowship – from the Institute of Aboriginal Peoples Health - \$90,000
- 2013** Social Science and Humanities Research Council Research Assistantship - \$7,000
- 2013** Agriculture Food and Human Values Society Conference Poster Competition, 2<sup>nd</sup> Place
- 2012** UW Graduate Scholarship, University of Waterloo - \$2,000
- 2011** President’s Graduate Scholarship, University of Waterloo - \$10,000
- 2011** Ontario Graduate Scholarship - \$15,000
- 2006-2010** President’s Graduate Scholarship, University of Waterloo - \$30,000
- 2006-2010** Canadian Institutes of Health Research Doctoral Research Award – from the Institute of Population and Public Health and Public Health Agency of Canada - \$87,000
- 2009** UW Graduate Scholarship, University of Waterloo - \$1,000
- 2009** President’s Athlete Academic Honour Roll, University of Waterloo
- 2008** UW Graduate Scholarship, University of Waterloo - \$1,500
- 2007-2009** Department of Indian Affairs and Northern Development - Northern Scientific Training Program - \$5,000
- 2007** UW Graduate Scholarship, University of Waterloo - \$1,000
- 2007** President’s Athlete Academic Honour Roll, University of Waterloo
- 2006** Provost’s Doctoral Entrance Award for Women, University of Waterloo - \$5,000
- 2006** UW Graduate Entrance Scholarship, University of Waterloo - \$3,000
- 2006** 5th Nordic Health Promotion Research Conference - Master Students’ Poster Presentations, Runner-up
- 2005** Canadian Evaluation Society Student Paper Contest, Honourable Mention
- 2004** Public Health Research, Education and Development Program, Ontario Public Health Association - PHRED-OPHA Studentship Award - \$1,000
- 2004** Health Studies Senate Graduate Scholarship, University of Waterloo - \$1,000
- 2004** UW Graduate Scholarship, University of Waterloo - \$1,000
- 2002** Athletic Director’s Award, University of Waterloo
- 2002** Outstanding Graduating Senior Athlete Award, University of Waterloo
- 2002** President’s Athlete Academic Honour Roll, University of Waterloo
- 2001** President’s Athlete Academic Honour Roll, University of Waterloo

## RESEARCH GRANTS AND CONTRACTS

### GRANTS SUBMITTED/UNDER REVIEW

- 2016-2017 **Skinner K** (Co-PI), Yessis J (Co-PI). Proposal for the Delivery of Intermediate & Advanced Courses for the Canadian Evaluation Society (Ontario Chapter) – “Beyond boxes – black, mystery, and magic – Understand and use theory of change for your programs. Canadian Evaluation Society – Ontario Chapter – **SUBMITTED** - \$2,250
- 2016-2018 Burnett K (PA), **Skinner K** (Co-PA), Parker B. A Community History of Colonialism, Health Care, and First Nations in Northwestern Ontario: From the Sioux Lookout Indian Hospital to the Meno Ya Win Health Centre. SSHRC Insight Development Program – **SUBMITTED** - \$74,798

### GRANTS AWARDED

- 2016 **Skinner K**. Northern and rural food systems in Indigenous communities in Canada. CIHR – Travel Award – Institute Community Support - \$2,050
- 2016-2018 Manson H (NPA), Smylie J (Co-PA), Lévesque L (Co-PA), Chandna K, Cooke M, Mashford-Pringle A, **Skinner K** (Co-Applicant), Snelling S, Vine M. Cultivating a Community Partnership for the Evaluation of a Population Health Intervention Targeting Indigenous Children and Youth for Promoting Healthy Weights in Ontario. CIHR Operating Grant: Population Health Intervention Research to Promote Health and Health Equity - \$248,454

- 2016-2019 Hanning R, Yessis J, Corbett K, Dean J, Graham S, McKenna M, Riley B, Scott S, **Skinner K**, Vine M, Willis C, Bays J, Dhanwant K, Turnau M, DeMaio B, Boschman M, Crack S, Harris S, Lewis K, Ahenakew R, Crookedneck T. Learning Circles: Local Healthy Food to School. CIHR Pathways to Health Equity: Component 2 - \$691,471
- 2015-2018 Gancarz T, Harris S, Bergen A, Pratley E, **Skinner K** (Academic Lead/Evaluator), Linton J, Bailey C, Shahid A, Clement D, Elliott C, Sandhu J, Strong C, Abbas Z, Hannigan S. Culinary Training for Youth – Good Food Brampton. Catholic Family Services of Peel-Dufferin. Local Poverty Reduction Fund, Treasury Board Secretariat/Ontario Trillium Foundation, Government of Ontario - \$628,400
- 2016-2017 Murray E, Hajto S, **Skinner K**, Neufeld H, Garrett A, Andrews L. Traditional Recipes Project of the Aboriginal Nutrition Network. Canadian Home Economics Foundation - \$3,980
- 2015 Burnett K, **Skinner K** (Co-investigator). Feeding My Extended Family: Indigenous Food Sovereignty, Government Policy, and Traditional Knowledge. VP Research - Strategic Research Development Fund, Lakehead University - \$3,000
- 2015 Manson H (Co-PA), Smylie J (Co-PA), Cooke M, Lévesque L, Mashford-Pringle A, Monchalain R, **Skinner K** (Co-Applicant), Tremblay M. Establishing Partnerships and Building Capacity for Evaluation of the Healthy Kids Community Challenge within Aboriginal Communities – CIHR – Planning and Dissemination Grant – Institute Community Support - \$11,879
- 2015 Hanning R (PI), Riley B, Yessis J, **Skinner K** (Co-investigator), Willis C, Scott S, McKenna M, Dean J, Graham S, Vine M, Corbett K. Refining a Scaling up Strategy for Local Sustainable Nourishment in Indigenous School Communities. CIHR Pathways to Health Equity for Aboriginal Peoples – Team Grant Component 2 – LOI Invited to Full Application Stage - \$9,535
- 2014 Burnett K, **Skinner K** (Co-investigator). Series of Meetings in conjunction with Food Secure Canada's Eighth National Assembly: "Waves of Change: Sustainable Food for All". VP Research - Strategic Research Opportunity Fund, Lakehead University - \$2,500
- 2014-2016 Veeraraghavan G, Burnett K, **Skinner K** (Co-applicant). Paying for Nutrition in Northern Canada. Food Secure Canada/Industry Canada – \$47,000
- 2014 **Skinner K**. Food Insecurity in Northern Canada: The Need for Action-Oriented Research. CIHR – Travel Award – Institute Community Support - \$1,500
- 2014 Hanning RM (PI), Manske S, Vine M, Yessis J, McKenna M, **Skinner K**, Clapp J, Corbett K, Dean J, Cooke M, Scott S, Horton S. Learning to Scale Up Nourishing First Nations Communities: Team Development and Proposal Refinement for CIHR's Pathways to Health Equity Funding Opportunity. University of Waterloo Chronic Disease Prevention Initiative, Seed Grant Proposal - \$10,000
- 2010-2013 Tsuji LJS (PI), McCarthy DD, Sutherland C, **Skinner K**. (Student Investigator). Perceptions of Food Insecurity and Adaptive Strategies of Omushkego Cree living in the First Nations of the western James Bay region of northern Ontario, Canada, Social Science and Humanities Research Council of Canada - \$249,437
- 2008-2010 **Skinner K (PI)**, Hanning RM, Desjardins E. Perceptions of Food Insecurity and Coping Strategies of First Nations People Living in an On-Reserve Remote Community in the Mushkegowuk Territory, Canadian Foundation for Dietetic Research, Dietitians of Canada - \$15,000

- 2007-2008 **Skinner K (PI)**, Metatawabin J, Tsuji LJS, Hanning RM. Evaluating and Expanding the School Snack Program in Fort Albany, IHRDP Seed Funding, April 2007 - \$25,000
- 2006 **Skinner K**. Conference Attendance Grant. Indigenous Health Research Development Program (IHRDP), May 2006 - \$300
- 2004-2006 Hanning RM (PI), Tsuji LJ, **Skinner K** (Student Investigator). Assessment of Food and Physical Activity Behaviour of Aboriginal School Children Using a Tailored Web Based Approach, Danone Institute, June 2004 - \$66,000

## RESEARCH CONSULTING AND PRIVATE CONTRACTS

- 2015-2017 **Academic Advisor/Evaluator, Good Food Brampton**
- Evaluation Advisor and Academic Lead for the Culinary Training for Youth project
- 2014-2015 **Evaluation Consultant, Thunder Bay District Health Unit**
- Development of a community food system and food security report card
  - Collaboration with the Thunder Bay and Area Food Strategy to incorporate the 7 pillars of the Food Strategy into the report card evaluation
- 2007-Present **Knowledge Exchange, various organizations**
- Collaborated with over two dozen regional, national and international organizations and groups interested in adapting and/or using my published knowledge exchange tool to measure knowledge uptake
- 2013 **Survey Design, Mary Berglund Community Health Centre**
- Assisting with the design and development of a community health and wellness survey for Ignace and surrounding Northwestern Ontario communities
- 2013 **Food Security Expert, Health Canada, First Nations and Inuit Health Branch**
- Conducted an updated literature review and detailed written report on First Nations and Inuit Food Security to direct upcoming government initiatives
- 2009 **Evaluation Consultant, ONEXONE Foundation**
- Designed questionnaire and collected and analyzed qualitative data to evaluate the National First Nations School Breakfast Program

## RESEARCH EXPERIENCE

- 2013 **Research Associate for the Food Security Research Network (FSRN), Lakehead University and Research Assistant for Nourishing Communities, Centre for Sustainable Food Systems**
- Actively involved in collaborative research projects with FSRN, FSRN affiliates, and the Nourishing Communities Ontario steering committee
  - Fostering new relationships with communities in Northwestern Ontario (e.g., Dryden, Rainy River, Ignace, and others evolving) to support existing and emerging local/regional food system mobilization, promotion, and improvement
  - Conduct research that encompasses health, community, culture, and local sustainable food system development
  - Prepare grant applications and write manuscripts for submission to peer-reviewed journals

- 2006-2013 **Project Leader for Dr. Rhona Hanning and Dr. Leonard Tsuji**, Department of Health Studies and Gerontology and Department of Environment and Resource Studies, University of Waterloo
- Collaborated on participatory research projects with a remote First Nations community to examine food security issues to improve food systems in the community
  - Prepared grant applications for submission in collaboration with community partners to fund community research projects and programs
  - Wrote manuscripts for peer-reviewed journals and present study results at conferences to facilitate dissemination of study findings to academic audiences
  - Conducted quantitative and qualitative data analysis using SPSS and NVIVO to determine and interpret research findings
  - Mentored numerous graduate students on conducting research with First Nations
- 2006-2007 **Research Assistant/Project Manager, Master of Public Health Program Evaluation**, Department of Health Studies and Gerontology, University of Waterloo
- Developed an evaluation framework for the Masters of Public Health program to support continuous quality improvement
  - Informed on program evaluation plans and activities to facilitate comprehensive evaluations to the MPH Leader and Advisory Committees
- 2004-2005 **Research Assistant/Project Manager for the Population Health Research Group (formerly Health Behaviour Research Group)**, University of Waterloo, Waterloo, Ontario
- Coordinated the design, data collection, analysis, and written reports for 2 large research projects
    - Project title 1: *Assessment of Food and Physical Activity Behaviour of Aboriginal School Children Using a Tailored Web-Based Approach* – funded by the Danone Institute
    - Project title 2: *Developing a Web-Based Survey of Food Intake and Physical Activity Behaviour of Cree School Children Living in the James Bay Region of Northern Canada to Support Needs Assessment and Program Evaluation* – funded by CIHR
- 2003-2005 **Junior Researcher Investigator**, Department of Health Studies and Gerontology, University of Waterloo
- Assessed the nutrition and physical activity behaviours of youth in multiple remote/isolated First Nations communities in Ontario and Quebec
  - Travelled frequently to communities to: build relationships; obtain input on the development of culturally appropriate data collection tools; collect data; provide feedback presentations for communities
- 2002-2004 **Project Manager for International Best Practices Projects**, Health Behaviour Research Group, University of Waterloo
- Managed 2 large evidence and practice-based projects
    - Project title 1: *International Best Practices in Type 2 Diabetes Prevention* – funded by Health Canada
    - Project title 2: *International Best Practices in Cardiovascular Health Promotion and Stroke Prevention*
  - Facilitated meetings with Project Advisory Committee
  - Critically appraised nominated practices against specific criteria developed by the Project Advisory Committee
  - Mentored research assistants in the collection and critical appraisal of data and the authorship of numerous Best Practices reports
- 2001 **Research Assistant for the Cancer Information Service of the Canadian Cancer Society**, Health Behaviour Research Group, University of Waterloo
- Collected data for the Cancer Information Service User Survey via phone surveys

- Performed qualitative analysis on collected data
- Constructed tables and maps for a report on caller distribution

2001 **Research Assistant (volunteer) for Dr. Kathleen Bloom**, Psychology Lab, University of Waterloo

- Performed literature reviews and compiled summaries of journal information on infant vocalization and acoustics to support faculty-level research projects

2000-2001 **Health Survey Interviewer**, Health Behaviour Research Group, University of Waterloo

- Conducted structured phone interviews via phone to collect data for a research study on smoking cessation in Ontario

## CERTIFICATES

2015 **Graduate Supervision Series**, Centre for Teaching Excellence, University of Waterloo

2013 **Tri-Council Policy Statement: Ethical Conduct for Research Involving Humans Course on Research Ethics** (TCPS 2: CORE), Panel on Research Ethics

2011 **Scientist Knowledge Translation Training course**, SickKids Learning Institute, University of Toronto

2003-2009 **Certificate in University Teaching**, Centre for Teaching Excellence, University of Waterloo

Fulfillment of this certificate included 3 courses:

- GS 901: Preparing for University Teaching
- GS 902: Preparing for an Academic Career
  - Research paper and poster (Title: *Key Attributes of Aboriginal Learning Styles*)
  - Development of a comprehensive Teaching Dossier
- GS 903: Teaching Practicum

2006 **Facilitator Certificate - Skills Enhancement for Public Health**, Public Health Agency of Canada

## TEACHING EXPERIENCE

Winter 2016 **Instructor**, School of Public Health and Health Systems, Master of Health Evaluation program, University of Waterloo

PHS 651: Theory and Application in Program Evaluation

- Developed and delivered online course through Learn

Fall 2014 **Contract Lecturer**, Department of Health Sciences Graduate Students, Master of Public Health program, Lakehead University

HESC/PUBL5035: Qualitative Inquiry I

- Developed and delivered online distance course through WebEx and Desire2Learn

Spring 2014 **Contract Lecturer**, Department of Health Sciences Graduate Students, Master of Public Health program, Lakehead University

HESC/PUBL5710: Social Marketing/Health Communications

- Developed and delivered online distance course through WebEx and Desire2Learn

2011-2013 **Instructor of Modules**, (3 terms), Environment and Resource Studies Undergraduate Students, University of Waterloo

ERS 372: First Nations and Environment; Food security in First Nations communities

- Contributed to course development, delivery and evaluation design



- Informed students about the unique challenges to food security in the North

- Winter 2009 **Instructor of Module**, Environment and Resource Studies Graduate Students, University of Waterloo  
ERS 669: Team Research Project; Qualitative research methods and analysis
- Developed and delivered course content including how to navigate NVIVO software
- Fall 2007 **Teaching Assistant (Online Preceptor)**, Master of Public Health program, University of Waterloo  
PHS 617: Social, Cultural and Behavioural Aspects of Public Health
- Recorded online guest lecture to be delivered through WebCT
  - Facilitated online discussions and responded to student questions
  - Evaluated assignments to assess students understanding of course material
- Fall 2006 **Teaching Assistant (Online Preceptor)**, Master of Public Health program, University of Waterloo  
PHS 601: Foundations of Public Health
- Facilitated small group discussion during an on-campus introductory block course for new students entering the MPH program to create an online community for future course work
- 2004-2005 **Teaching Assistant** (3 terms), Department of Health Studies and Gerontology, University of Waterloo  
HLTH/GERON/KIN 210: Growth, Development and Aging
- Held office hours for student course assistance
  - Marked midterms and final exams to assess students understanding of course material
  - Liaised between students and instructor to resolve conflict

## INVITED GUEST LECTURES

9. **Skinner K.** *Household Food Security in Remote Areas*. Guest lecture, 3<sup>rd</sup> Year Food Systems and Food Security class (~30 students), Department of Geography, Lakehead University, November 26, 2014.
8. **Skinner K.** *Food Security and Obesity*. Guest lecture for Obesity Discourses in Society, Master of Public Health Graduate students, Department of Health Sciences, Lakehead University, July 29, 2014.
7. **Skinner K.** *Food Security in First Nations Communities*. Guest lecture, 2<sup>nd</sup> Year Aboriginal Activism class (>20 students), Department of Indigenous Learning, Lakehead University, February 5, 2014.
6. **Skinner K.** *Indigenous Food Security*. Guest lecture for Selected Topics in Food Security: Indigenous Food Systems in Canada. School of Nutrition, Ryerson University, September 30, 2013.
5. **Skinner K.** *Nutrition and Aboriginal Older Adults*. Guest lecture, 2<sup>nd</sup> Year Gerontology class (>200 students), School of Public Health and Health Systems, University of Waterloo, October 17, 2012.
4. **Skinner K.** *Food Security in the North*. 3 Guest Lectures for Kinesiology Lab Days, University of Waterloo, Waterloo High School Students (>50 students), December 13, 2006.
3. **Skinner K.** *Under- and Over-nutrition During Childhood*. Guest Lecture, 2<sup>nd</sup> Year Health class (>100 students), Department of Health Studies and Gerontology, University of Waterloo, Fall 2005.
2. **Skinner K.** *Aging of the Musculoskeletal System*. Guest Lecture, 2<sup>nd</sup> Year Health class (>100 students), Department of Health Studies and Gerontology, University of Waterloo, Fall 2004.
1. **Skinner K.** *Dysphagia*. Guest Lecture, Nutrition in Aging, 1<sup>st</sup> Year Gerontology class (~150 students), Department of Health Studies and Gerontology, University of Waterloo, November 18, 2001.

## STUDENT SUPERVISION

In addition to supervising the following listed students and research assistants, I have contributed to the training and mentorship of more than a dozen graduate students in the department of Psychology at Lakehead University and in the departments of Health Studies and Gerontology and Environment and Resource Studies at the University of Waterloo. I was asked by my supervisors to mentor these students on topics of: working with First Nations communities; research design; data collection methods; qualitative analysis using NVIVO; writing thesis proposals, theses, and manuscripts; and navigating the peer-review process.

- 2015            **Supervisor, Undergraduate Independent Study, HLTH 472, School of Public Health and Health Systems, University of Waterloo**  
James Jung, 4<sup>th</sup> year undergraduate student
- Title: Factors for Foodborne Illness
- 2014            **Advisor, Northern Ontario Dietetic Intern Program, Thunder Bay site**  
Emily Murray, Current Issues in Nutrition presentation
- Title: The Potential Impact of a Mobile Abattoir on Food Security for Aboriginal Communities in Northern Ontario
- 2013            **Second Reader, Master of Social Work, Lakehead University**  
Karin Smid, Master of Social Work research project
- Title: Looking at Collective Kitchens from the Perspective of the Participant
- 2009-2010     **Co-Supervisor of Undergraduate Thesis, Environment and Resource Studies, University of Waterloo**  
Tina Hlimi, 4<sup>th</sup> year thesis (co-supervision with Dr. Tsuji)
- Title: Traditional Food Consumption Behavior and Concern with Environmental Contaminants Among Cree Schoolchildren of the Mushkegowuk Territory
  - Supported student secondary data analysis to support accurate research findings and interpretation; guided thesis writing, preparation and presentation of thesis findings, and manuscript writing and submission to a peer-reviewed journal
- 2007-2008     **Supervisor of UCEP High School Co-op Student, Health Studies and Gerontology, University of Waterloo**  
Julia Koebel, Grade 12 high school student
- Mentored the development of 2 nutrition articles for a First Nations community newsletter
- 2006-2007     **Co-Supervisor of Undergraduate Thesis, Health Studies and Gerontology, University of Waterloo**  
Don Lesar, 4<sup>th</sup> year thesis (co-supervision with Dr. Hanning)
- Title: A Qualitative Examination of the Barriers and Opportunities to Healthy Eating and Active Living in First Nation Youth Living in Attawapiskat, Ontario
  - Supported the study design, data collection, analysis, and undergraduate thesis writing on the topic of nutrition and physical activity in a remote First Nation community
- 2006-2007     **Supervisor of Research Assistant, Masters of Public Health Program, University of Waterloo**  
Christine Herrera, Undergraduate student, Project: MPH Evaluation
- Guided the collection of electronic online data to support the planning and design of the MPH evaluation framework
- 2003-2004     **Supervisor of Research Assistant, Health Studies and Gerontology, University of Waterloo**  
Rebecca Fortin (nee Heipel), Undergraduate student, Project: Best Practices in Type 2 Diabetes

- Facilitated the writing of numerous reports to improve best knowledge transfer of practices to practitioners

## SERVICE TO THE ACADEMIC COMMUNITY

### a) COMMITTEES AND LEADERSHIP

- 2016            **Master of Health Evaluation Admissions Review (n=29)**  
School of Public Health and Health Systems, University of Waterloo
- 2016            **Performance Review Committee**  
School of Public Health and Health Systems, University of Waterloo
- 2015-Present   **Graduate Professional Programs Committee**  
School of Public Health and Health Systems, University of Waterloo
- 2015            **Scientific Committee, Food Environments in Canada Symposium and Workshop**
- Tasked with overseeing the content of the symposium and workshop and ensuring that relevant topics are presented and discussed. The committee ensures that diverse perspectives on food environments, including different geographical and cultural contexts, are represented.
- 2014-2018      **Aboriginal Stream Scientific Sub-committee (ASSSC), Healthy Kids Community Challenge (HKCC) Ministry of Health and Long Term Care and Public Health Ontario (PHO)**
- Provide scientific research, evidence, and guidance to the HKCC-SRC and PHO to support the implementation and evaluation of the HKCC in participating Aboriginal communities
- 2014-Present   **Traditional Recipes Working Group, Aboriginal Nutrition Network, Dietitians of Canada**
- Working with a committee of Dietitians, nutritionists, and academics from across Canada to develop a compendium of traditional recipes for the people and communities that we work with
- 2013-2014      **Nourishing Communities Steering Committee**  
**Centre for Sustainable Food Systems, Wilfred Laurier University**
- Represent the northern research node
  - Collaborate with a research partnership of five universities, local food networks in Ontario, and across Canada to build and study sustainable food systems
- 2013-2014      **Organizing Committee Member, Aboriginal Nutrition Network, 2<sup>nd</sup> National Gathering**  
**Dietitians of Canada**
- Collaborated with a team of nutrition professionals from across Canada to support Aboriginal nutrition initiatives including a bi-annual conference
  - Active member of the Program Planning and Fundraising & Promotion sub-committees
- 2005,2010-2013 **Team Leader, Canadian Evaluation Society National Student Case Competition**
- Collaborated with a team of five students competing against other teams from across the country in the analysis of an evaluation case file within a five hour time limit. Judged by a panel of experts and three finalist teams compete at the annual conference.
  - Winning team in 2005, Finalist team in 2013
- 2010-2012      **Evaluation Advisory Committee Member, Minding Our Bodies – Canadian Mental Health Association**

- Participated in regular virtual meetings to support the development of a data collection tool for healthy eating and physical activity initiatives being used in mental health associations across Ontario
- 2007-2011 **CPHA Student Editorial Group**, Canadian Public Health Association Digest
  - Co-authored 2 newsletter articles on timely topics for a broad audience
- 2007-2008 **HSG Graduate Student Representative**, University of Waterloo, Health Studies and Gerontology
  - Served as the communicative link between faculty and graduate students
  - Provided direct input during monthly meetings on behalf of graduate student body and disseminated relevant information from the meetings back to graduate students
- 2006-2008 **Graduate Student Skills Seminar Committee**, University of Waterloo, Health Studies and Gerontology
  - Lead organizing committee to plan skills seminars for current graduate students
  - Organized monthly skills seminars for graduate students and faculty on topics that were pertinent to being a successful academic (e.g. grant proposal writing, manuscript preparation and submission, etc.)
- 2004, 2007 **Graduate Student Orientation Committee**, University of Waterloo, Health Studies and Gerontology
  - Facilitated orientation sessions for incoming graduate students to familiarize them with faculty and graduate student research and answer questions about graduate student life

## b) ACTIVITIES AS A REVIEWER

- 2014 **External Grant Reviewer**  
Alberta Centre for Child, Family, and Community Research
- 2014 **External Academic Tier II Manuscript Reviewer**  
National Collaborating Centre for Aboriginal Health
- 2008-Present **Manuscript Reviewer** (\* 8 reviewed in current year - 2016; 30 total)
  - *\*Science of the Total Environment* (2016)
  - *\*Canadian Food Studies* (2016)
  - *\*Public Health Nutrition* (2016 x 2)
  - *\*Journal of Hunger & Environmental Nutrition* (2016)
  - *\*World Medical & Health Policy* (2016)
  - *\*Food Security: The Science, Sociology and Economics of Food Production and Access to Food* (2016)
  - *\*Polar Geography* (2015, 2016)
  - *BMC Public Health* (2014)
  - *Journal of Nutrition and Metabolism* (2014)
  - *Ecology of Food and Nutrition* (2014, 2015)
  - *Journal of Food & Nutritional Disorders* (2014)
  - *Chronic Diseases and Injuries in Canada* (2013-2014)
  - *Asian Journal of Agricultural Extension, Economics, & Sociology* (2013)
  - *Canadian Journal on Aging* (2012-2013)
  - *Journal of Human Nutrition and Dietetics* (2009, 2011-2015)
  - *Population and Environment* (2012)
  - *Canadian Journal of Dietetic Practice and Research* (2008-2009, 2011)
  - *Social Science & Medicine* (2008)

- 2007-2011 **Reviewer of Conference Abstracts**, Canadian Public Health Association Conference
- Reviewed conference abstracts and scored them to determine which would be included as accepted presentations in the annual conference
- 2009 **Reviewer, Practice-based Evidence in Nutrition**, Aboriginal Nutrition Network, Dietitians of Canada
- Invited to review a PEN pathway to determine clarity and completeness of the literature covered in the written pathway
  - Question: What are the facilitators and barriers to healthy eating in Aboriginal communities?
- 2005 **Expert Review Panel – Workplace Health Promotion Project**, The Health Communication Unit, Toronto
- Participated as a member of the review panel to provide expertise on best practices for workplace health promotion
  - Developed online Catalogue of Situational Assessment Tools to be used by workplaces to assess and improve workplace health

## SERVICE TO THE NON-ACADEMIC COMMUNITY

- 2014-2015 **Board Member and Acting Secretary**, True North Community Co-operative
- Sub-committee work: Funding applications
  - Food Hub Project Co-op Lead with ONFC/LOFC
- 2013-2015 **Project Leader/Chair, Food Infrastructure Working Group, Food Strategy Thunder Bay**
- Established portion of the City of Thunder Bay Food Strategy for the Food Infrastructure pillar
  - Lead meetings with a committee of 14 local food representatives
- 2013-2015 **Cross-Country Ski Coach**, Lappe Nordic Ski Club
- Volunteer Coach for the Women's Social Group and Women on Skis day
- 1998-2009 **Varsity Athlete/ Coach**, University of Waterloo Nordic Ski Team
- Trained and competed as a cross-country skier from 1993 to 2005, 2009 competing at the provincial and national level
    - Awarded Rookie of the Year for the UW Nordic Ski Team, 1998/1999
    - Ontario University Championship relay medals: bronze 1999, silver 2001
  - Held positions of assistant captain, co-captain, captain
  - Lead the team as Assistant Coach (2006/2007); Co-Head Coach (2002/2004) by organizing daily training sessions, mentoring athletes, and supporting high level performance at regional, provincial, and national competitions
- 2002 **Student Life Endowment Funding Council, University of Waterloo, Federation of Students**
- Represented student athletics on the funding review committee to determine what university-wide applications should be funded
- 2001-2002 **Inter-University Athletic Council and Athletic Advisory Board Representative**, University of Waterloo, Athletics Department
- 1998-2001 **First Aid Responder**, Campus Response Team (UWCRT), University of Waterloo

## INSTITUTES (Invited or Competitive)

- 2016 **4<sup>th</sup> INMD New Investigator Meeting**, February 8-10, 2016  
CIHR-Institute of Nutrition, Metabolism, and Diabetes (INMD), Kelowna BC

- 2014 **IHWI Summer School**, June 1-4, 2014  
Indigenous Health and Well-being Initiative, London ON
- 2007 **CIHR Summer Institute – Population Health Interventions**, June 24-27, 2007  
Canadian Institutes of Health Research – Institute of Population and Public Health, Banff
- Applied and accepted to participate as one of 30 Canadian students (of 120 applicants) in an intensive complementary training opportunity and learning experience regarding Population Health Intervention Research
- 2006 **Indigenous Health Research Development Summer Institute**, June 22-25, 2006  
6<sup>th</sup> Annual ACADRE Gathering of Graduate Students in Aboriginal Health, Hamilton & Ohsweken

## PROFESSIONAL MEMBERSHIPS

- 2011-Present Canadian Association of Food Studies (CAFS)
- 2011-Present Canadian Nutrition Society (CNS)
- 2010-Present Food Secure Canada (FSC)
- 2007-Present Canadian Obesity Network (CON)
- 2006-Present Canadian Public Health Association (CPHA)
- 2006-Present Ontario Public Health Association (OPHA)
- 2006-Present Indigenous Health Research Knowledge Transfer Network (IHRKTN)
- 2005-Present Canadian Evaluation Society
- 2003-Present Chronic Disease Prevention Alliance of Canada (CDPAC)
- 2003-Present International Society for Behavioral Nutrition and Physical Activity (ISBNPA)

## HOBBIES AND INTERESTS

- Enjoy training for and competing in cross-country skiing and running events
- Passionate about living more sustainably, including sourcing local food and cooking seasonally